

Guide to Homemade Laundry Soap

By: Tashia Calhoun



A complete step-by-step guide to teach you how to make your own chemical free laundry soap. You will become familiar with the ingredients and where to find them. You will learn the tips and tricks of the actual process, from grating your soap to storing your final product!

You will discover which recipe has the best cleaning action, which recipe is perfect for your delicate washables and how much to use.

You will also compare the cost of what you are currently spending on commercial laundry soap every year and the cost of using your own homemade laundry soap.

Happy soap making and wishing clean clothes to you all!

Tashia

Chapter 1: Benefits of Homemade Laundry Soap

How making your own laundry soap can benefit you!

Chapter 2: Cost Comparisons

Comparing the cost of using commercial laundry soap and the costs of making your own.

Chapter 3: "How Much Are You Spending?" Worksheet

This fill in the blank worksheet will help you figure out what you are currently spending on commercial laundry soap.

Chapter 4: About the Ingredients

Here we take a look at the ingredients, what they are and where you can find them.

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A list of laundry soap recipes and variations.

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Easy step-by-step instructions on how to make Fel's-Naptha Liquid Laundry Soap.

Chapter 8: Printable Recipe Cards

A list of printable recipe cards that you can cut out and file in your recipe box.

Chapter 9: "How Much Will You Save?" Worksheet

This fill in the blank worksheet will help you figure out how much it cost you to make your own laundry soap and how much you will save this year!

Chapter 10: Collection of Tips

Tips & tricks for making laundry soap.

Benefits of Homemade Laundry Soap

1. Saves You Money

You can save up to 95% of your laundry soap costs by making your own laundry soap! Commercial laundry soaps are not a major expense that you would normally fret over, but once you discover how much you can save by making your own, you will not want to go back!

2. Safe for You & Environment

A major benefit to using homemade laundry soap is that it is safe for you and the environment because there are no harsh chemicals! Most commercial brands are loaded with chemicals. Those chemicals leave residues on your clothing and then rub off on your skin and your skin soaks it up.

3. Great Cleaning Action

Another very important benefit...clean clothes! The homemade laundry soap works great! It will save you time because you will not need to pre-treat every little spot or re-wash clothing to keep it in nice condition. It is also very effective at eliminating unpleasant odors.

4. Aesthetically Pleasing Experience

You can feel good about the fact that you made this yourself! You are being proactive in using an environmentally friendly product and not producing more waste by buying store brands in those big plastic bottles!

Cost Comparisons

Let's crunch some numbers

What are you spending on laundry soap per week?

For example, if you are buying Tide laundry detergent at Wal-Mart for the current price of \$8.47 for 48 loads, that comes to \$0.18 per load.

Divide the cost of laundry detergent by the number of loads; this is your cost per load.

How many loads do you wash per week?

Let's say you wash 10 loads a week (which you know is possible, especially if you have kids!), that is \$1.80 per week on detergent, or \$93.60 per year!

Multiply cost per load by number of loads per week, this is your weekly cost. Multiply cost per week by 52, this is your yearly cost.

What you could be spending on laundry soap per week by using your own Homemade Laundry Soap

Let's take a look at the numbers for my family.

My cost for ingredients:

1 bar of Fels-Naptha soap = \$0.98

1 cup of Washing Soda = \$0.34 at \$2.19 per 55 oz box

1 cup of Borax = \$0.30 at \$2.96 per 76 oz box

Total = \$1.62 to make 4 1/2 gallons

So, the cost for my 4 1/2 gallon batch that I made was \$1.62 and that gives me 144 loads (1/2 cup each). The cost comes out to **\$.01 per load**. Let me repeat...1 penny for each load of laundry! I actually use less than a 1/2 cup because I have a front loading machine, so I save even more!

With a family of five, including a little princess who wears 5 outfits a day and a little prince who loves to play outside, I know that I wash at least 10 loads of laundry per week. That comes to \$0.10 per week or **\$5.20 per year...unbelievable!**

This means that you will save roughly \$88.40 per year by making your own laundry soap that gets your clothes clean and is friendly to you and the environment!

That is a savings of 95%! Ya-hoo!

How Much Are You Spending? Worksheet

Now, here is some homework for you before you go any further! Print out this worksheet and crunch your numbers to see what you are currently spending on your laundry soap.

What is the price of your current laundry detergent? \$ _____

How many loads will it wash? _____

Divide the cost of laundry detergent by the number of loads it will wash, this is your cost per load.

\$ _____ divided by _____ = \$ _____ **cost per load**
(cost of detergent) (loads will wash)

How many loads of laundry do you do each week? _____

Multiply your cost per load by number of loads per week; this is your weekly cost.

\$ _____ X _____ = \$ _____ **cost per week**
(cost per load) (loads per week)

Multiply cost per week by 52 weeks per year, this is your yearly cost.

\$ _____ X 52 = \$ _____ **cost per year**
(cost per week)

Compare:

Your current cost per year \$ _____

OR

You could be spending...**\$5.20** per year using your own homemade laundry soap!!!

About the Ingredients

Let's take a look at the ingredients you will need. Some of them can be a little tough to find, but I will give you some ideas on where to look!

Fel's Naptha - Heavy Duty Laundry Bar Soap



Fel's Naptha is made by The Dial Corporation and is mostly used as a stain remover to pre-treat stains, working very well on oil-based stains. You just wet the stain and rub the bar into the stained area. I had never heard of this soap before I started making my own laundry soap, but my grandmother told me that this is what her mother used to wash their clothes on her washboard! So, it has been around for a long time! It seems to be an amazing soap.

Tip: I keep 2/3 of a bar (only because a full bar won't fit) to use as a pre-treater in a plastic bar soap container, so I can just pull it out for quick use.

This soap does have an "Eye & Skin Irritant Caution," so you want to avoid prolonged contact with skin. You may want to use gloves.



Arm & Hammer Super Washing Soda



Super Washing Soda is an all natural detergent booster and household cleaner. Also great as a stain remover and for neutralizing or eliminating odors. It is 100% fragrance & phosphate free.

Washing Soda is different than baking soda; baking soda can not be substituted.

Tip: Wonderful tough stain pre-treater: 2 TBS to 1 gallon of warm water for soaking.

20 Mule Team Borax

This brand of borax is also made by The Dial Corporation. Borax is a mineral and is used as a natural laundry booster and household cleaner. It is a great deodorizer, a water conditioner for hard water and even gentle enough for hand washing delicates!

Tip: Works great on cloth diapers and baby clothes! 1/2 cup of Borax in a diaper pail of warm water for soaking.



Kirk's Original Coco Castile Soap



This is an all-natural, hypoallergenic, pure botanical coconut oil soap. It is very gentle and great for sensitive skin.

I used this in a powdered laundry soap recipe and I really liked it, my clothes were very soft!

Ivory Bar Soap

This is a classic simple and gentle soap, known for its pure clean and made with no heavy perfumes or lotions.

Tip: The homemade laundry soap recipe using just Ivory and Washing Soda is great for your more delicate items and hand washables.



Where to find the Ingredients

Products	Where to Find:
<p>Fel's Naptha Laundry Bar Soap</p> <p>Find product info at: www.thedialstore.com</p>	<ul style="list-style-type: none"> • Wal-Mart – in personal care with other bar soaps or in laundry section • Check your local grocery store. • www.thedialstore.com • Store Locator www.dialcorp.com/storelocator/storeloc2.cfm • You can get it in bars or pre-grated here: http://www.soapsgonebuy.com/?Click=13923 • www.amazon.com
<p>Super Washing Soda</p> <p>Find product info at: www.thelaundrybasket.com</p>	<ul style="list-style-type: none"> • Check your local grocery store. • http://www.soapsgonebuy.com/?Click=13923 • www.amazon.com
<p>20 Mule Team Borax</p> <p>Find product info at: www.dialcorp.com</p>	<ul style="list-style-type: none"> • Wal-Mart – in laundry aisle • Check your local grocery store. • Target / Kmart • Store Locator www.dialcorp.com/storelocator/storeloc2.cfm • http://www.soapsgonebuy.com/?Click=13923 • www.amazon.com
<p>Kirk's Original Coco Castile Bar Soap</p> <p>Find product info at: www.kirknatural.com</p>	<ul style="list-style-type: none"> • Wal-Mart – in personal care with other bar soaps • Check your local grocery store. • www.amazon.com
<p>Ivory Bar Soap</p> <p>Find product info at: www.ivory.com</p>	<ul style="list-style-type: none"> • Wal-Mart – in personal care with other bar soaps • Check your local grocery store. • www.amazon.com

Notes:

~ I had originally found the Fel's-Naptha and the Kirk's Castile Soap at Wal-Mart, in the personal care along with the other bar soaps, but the last time I was there they were gone, so your Wal-Mart may or may not carry them.

~ I found all of these items at my small town local grocery store! You can always check with the manager to see if they can stock it.

~ The bigger grocery store chains in your area should also carry a couple, if not all of these items. (i.e. Rainbow Foods, Cub Foods are the big chains in my local Minneapolis area)

~ There is a store locator for Fel's Naptha and the Borax – this is very handy! Select laundry care from the Brand drop down menu, then choose the item, enter your zip code and it gives you a list of stores that carry those items!

~ These are also available at amazon.com, but beware the shipping was pretty spendy when I checked into it!

Homemade Laundry Soap Recipes

When I first started looking for information on homemade laundry soap, I found that there were a number of recipes floating around on the internet. "Which one works the best?" is the question I needed an answer to! I knew it would take me months to figure this out, so I enlisted the help of my family and friends. I made up a number of samples and handed them out!

The results that we came up with are real life results, real people with lots of real dirty laundry!

And the winner is...Fel's Naptha Homemade Laundry Soap! This is the recipe that everyone loved and that we all decided, has the best cleaning action!

1. Fel's Naptha Liquid Laundry Soap ~ Makes 2 gallons/64 loads

- 4 cups (1 quart) of water
- 1/3 bar of grated Fel's Naptha Soap
- 1/2 cup of Washing Soda
- 1/2 cup of Borax
- 1 & 3/4 gallons of HOT water
- 3 gallon bucket or tub to mix it in

Use: 1/2 cup - 1 cup



2. Fel's Naptha Powdered Laundry Soap ~ Makes 2 cups/32 loads

- 1 bar of grated Fel's Naptha Soap
- 1 cup of Washing Soda
- 1 cup of Borax

Use: 1/2 TBS - 1 TBS

3. Kirk's Castile Powdered Laundry Soap ~ Makes 4 cups / 128 loads

- 1 bar of grated Kirk's Castile Soap
- 1 cup of Washing Soda
- 1 cup of Borax

Use: 1/2 TBS - 1 TBS

4. Ivory Liquid Laundry Soap ~ Makes 3 1/2 gallons / 112 loads

- 4 cups (1 quart) of water
- 1 bar of grated Ivory Soap
- 1 cup of Washing Soda
- 1 cup of Borax
- 3 gallons & 4 cups (1 quart) HOT water
- 4-5 gallon bucket to mix it in

Use: 1/2 cup - 1 cup



5. Ivory Liquid Laundry Soap for Delicates

Same recipe as the Ivory recipe above, except do not add the borax. This gives you a more gentle soap and is great for delicates and hand washables.

6. Variations

Other mild bar soaps can be substituted. Be sure to choose a light colored soap because that is what your laundry soap will look like! Also, you can make these recipes without the Borax if you are looking for a more gentle soap. The borax adds that extra "kick in the cleaning action" for your everyday items!

Tip: Vinegar works very well as an all natural fabric softener! It softens your clothes, reduces static and helps to get the last traces of soap out of your laundry. Use 1/4 cup of vinegar per load. You will never buy fabric softener again! And no...your clothes will NOT smell like vinegar! Using vinegar may also eliminate the need for dryer sheets. I find that in the winter months when the air is drier, I still have some static.

Tip: Try a ball of aluminum foil to eliminate static cling! Just crumple up some tinfoil and toss it in the dryer with your clothes. I used the same one for about a week before I noticed any static; this is a great alternative to dryer sheets.

Step by Step ~ Fel's Naptha Powdered Laundry Soap

What you will need:

- 15 minutes
- Soap ingredients ~ Fel's Naptha, washing soda, borax
- measuring cups, spoon, grater, container (I have been using plastic disposable containers)

Fel's Naptha Powdered Laundry Soap ~ Makes 2 cups/32 loads

- 1/2 bar of grated Fel's Naptha Soap
- 1/2 cup of Washing Sod
- 1/2 cup of Borax

Use: 1/2 TBSP - 1 TBSP



Step 1

Grate 1/2 of the Fel's Naptha bar soap - An upright grater works well, using the fine side. This is a little harder to grate because you want it to be pretty fine.

Tips: Mark your bar into 2 sections with a knife, then you will know when to stop grating!

Also, the cooler your bar is, the better it will grate like a powder.

Keep the other half of your bar to use as a stain pre-treater.

If you start with the shredded size, you can use a vegetable chopper to break it up smaller. The soap is not as fine, but this is a little easier to use!



Step 2

Add 1/2 cup of Washing Soda into the container.

Step 3

Add 1/2 cup of Borax into the container.

STIR...and that's it, you are ready for your first load!

Usage:

Use 1/2 - 1 TBSP per load. Start with 1/2 tablespoon for lightly soiled loads and 1 tablespoon for more heavily soiled loads.

I have a front loading machine (which you are supposed to use a third or half of what you would normally use in a top loader) and I use just under 1/2 TBSP for a regular load. This soap is great for HE or front loading machines because there is little or no sudsing.

Step by Step ~ Fel's Naptha Liquid Laundry Soap

What you will need:

- 30 minutes
- Soap ingredients ~ fel's naptha, washing soda, borax
- saucepan, measuring cups, long handled spoon, grater, large pitcher and a 3 gallon bucket or container (I have been using plastic storage containers/tubs)

Fel's Naptha Liquid Laundry Soap ~ Makes 2 gallons/64 loads

- 4 cups (1 quart) of water
- 1/3 bar of grated Fel's Naptha Soap
- 1/2 cup of Washing Soda
- 1/2 cup of Borax
- 1 & 3/4 gallons of HOT water
- 3 gallon bucket or tub to mix it in

Use: 1/2 cup - 1 cup - This should last you a little over 6 weeks if you are washing 10 loads a week.



Step 1

Grate 1/3 of the Fel's Naptha bar soap - An upright grater works well. The Fel's Naptha looks just like freshly shredded cheddar cheese...mmmmm, but DO NOT eat!



Tips: Mark your bar into 3 sections with a knife, then you will know when to stop grating! Also if your bar is at warm room temperature, it will grate like cheese and if it is cool, it will grate like a powder - if that is too hard to grate, just pop it in the microwave for 20-30 seconds to soften.

Step 2

Melt your soap - Pour 4 cups of water into your pan, add soap and cook on medium/medium high heat, stirring occasionally, until it is completely dissolved.



Step 3

While you are waiting for your soap to cook, add 1 and 3/4 gallons of hot water to your bucket/container.



Step 4

Add 1/2 cup of Washing Soda into the melted soap mixture in the pan.

STIR

Step 5

Add 1/2 cup of Borax into the melted soap mixture in the pan. The mixture will thicken.



STIR

Step 6

Pour soap mixture into your bucket/container.

STIR

Step 7

Let your soap sit for 24 hours or overnight so it can gel up. Be sure to put it in a safe place!



Step 8

The next day, stir your wonderful homemade laundry soap, but don't be scared...it is supposed to look like "gelatinous goop"!



Tip: If it is too "chunky" for your taste, you can use a potato masher or a whisk to break it up!

Step 9

You will probably want to put your laundry soap into smaller containers that are easier to use. If you have a funnel and some old laundry soap containers, you are set! I usually scoop it out with a 4-cup measuring cup and slowly pour it into the funnel, I say "slowly" because it tends to splash!

Tip: These also make great laundry soap containers and you are recycling at the same time: milk jugs, large juice bottles, large vinegar bottles, large Tupperware containers. My favorite is a 2 quart juicy juice bottle!



Usage:

Use **1/2 to 1 cup per load**. Start with 1/2 cup for lightly soiled loads and up to 1 cup for more heavily soiled loads.

I have a front loading machine (which you are supposed to use a third or half of what you would normally use in a top loader) and I use just under a 1/2 cup per load. And again, this soap is great for HE or High Efficiency machines because there is little or no sudsing.

You will have to shake it up before each use as it tends to separate.



Notes:

Don't worry if you make a mistake! Even if it looks terribly scary...it will still work!

I had tried one recipe that told you to add your melted mixture to cold water instead of hot. That was not a good idea! It instantly started to gel and the next day it looked horrendous. It was very stringy and had huge chunks. I worked and worked at breaking it down; using a potato masher, which worked great, and then a whisk, which worked even better! The soap was fine and cleaned just the same!



Another oops: Make sure you have enough water in your pan to melt your soap, I learned that the hard way too! My soap did not dissolve, but was "creamy" and I used it anyway. I ended up having to scoop out the solid soap chunks of my finished soap and re-melt them!



Printable Recipe Cards

Here are some recipe cards for you to print out and keep in your recipe box!

Printing Options:

- Print on regular paper and then cut out and paste onto a 4 x 6 recipe card
- Print and cut out and laminate by covering each side with clear contact paper
- Print on a heavier card stock paper and then cut out

Fel's-Naptha Liquid Laundry Soap – 2 Gal
<p>Makes 2 gallons / 64 loads ** Use: ½ cup - 1 cup per load</p> <ol style="list-style-type: none">1) Grate 1/3 bar of Fel's-Naptha Soap2) Add soap to 4 cups (1 quart) of water in pan – cook until completely dissolved3) Put 1 & 3/4 gallons (1 gal & 3 qt) hot water into 3 gallon container4) Add ½ cup of Washing Soda - stir5) Add ½ cup of Borax - stir6) Pour soap mixture into 3 gallon container – mix well7) Let it sit for 24 hours to gel

Fel's-Naptha Liquid Laundry Soap – 4.5 Gal

Makes 4 ½ gallons/144 loads ** Use: ½ cup - 1 cup per load

- 1)** Grate 1 bar of Fel's-Naptha Soap
- 2)** Add soap to 4 cups (1 quart) of water in pan – cook until completely dissolved
- 3)** Put 4 & ¼ gallons (4 gal & 1 qt) hot water into 5 gallon container
- 4)** Add 1 cup of Washing Soda - stir
- 5)** Add 1 cup of Borax - stir
- 6)** Pour soap mixture into 5 gallon container – mix well
- 7)** Let it sit for 24 hours to gel

Fel's-Naptha Powdered Laundry Soap

Makes 2 cups / 64 loads

- 1)** Finely grate ½ bar of Fel's-Naptha Soap
- 2)** add ½ cup of Washing Soda
- 3)** add ½ cup of Borax
- 4)** mix well

Use: ½ - 1 TBSP per load

Makes 4 cups / 128 loads

- 1)** Finely grate 1 bar of Fel's-Naptha Soap
- 2)** add 1 cup of Washing Soda
- 3)** add 1 cup of Borax
- 4)** mix well

Use: ½ - 1 TBSP per load

Kirk's Castile Powdered Laundry Soap

Makes 2 cups / 64 loads

- 1)** Finely grate ½ bar of Kirk's Castile Soap
- 2)** add ½ cup of Washing Soda
- 3)** add ½ cup of Borax
- 4)** mix well

Use: ½ - 1 TBSP per load

Makes 4 cups / 128 loads

- 1)** Finely grate 1 bar of Kirk's Castile Soap
- 2)** add 1 cup of Washing Soda
- 3)** add 1 cup of Borax
- 4)** mix well

Use: ½ - 1 TBSP per load

Ivory Liquid Laundry Soap for Delicates

**** Gentle Soap for Delicate Items**

Makes 3 ½ gallons / 112 loads ** Use: ½ cup - 1 cup per load

- 1)** Grate 1 bar of Ivory Soap
- 2)** Add soap to 4 cups (1 quart) of water in pan – cook until completely dissolved
- 3)** Put 3 gallons and 1 quart (4 cups) hot water into 4/5 gallon container
- 4)** Add 1 cup of Washing Soda - stir
- 5)** Pour soap mixture into 4/5 gallon container – mix well
- 6)** Let sit for 24 hours to gel

How Much Will You Save? Worksheet

Now it is time to figure out how much money you are going to save this year by making your own laundry soap! Print out this worksheet and go get your calculator!

Cost of the ingredients that you used for your homemade recipe:

Bar soap = \$ _____ whole bar / half bar / third bar

Divide bar cost by 3 if you only used 1/3 of the bar.

Washing Soda = \$ _____ per cup / half cup

This one is trickier to figure out. I paid \$2.19 for a 55 oz box (6.5 cups), which comes to \$0.34 per cup. You can use my number or this formula:

$$\frac{\text{_____}}{\text{(box cost)}} \text{ divided by } \frac{\underline{6.5}}{\text{(for 55 oz)}} = \$ \text{_____} \text{ cost per cup}$$

Borax = \$ _____ per cup / half cup

Again, a tricky one! I paid \$2.96 for a 76 oz box (9.5 cups), which comes to \$0.30 per cup. You can use my number or this formula:

$$\frac{\text{_____}}{\text{(box cost)}} \text{ divided by } \frac{\underline{9.5}}{\text{(for 76 oz)}} = \$ \text{_____} \text{ cost per cup}$$

Total = \$ _____ to make _____ gallons for liquid recipe
(cost of ingredients)

Multiply number of gallons by 16 to figure how many cups you have.

$$\frac{\text{_____}}{\text{(gallons)}} \times \frac{\underline{16}}{\text{(cups per gallon)}} = \text{_____} \text{ cups of laundry soap}$$

Multiply number of cups by 2 to figure how many 1/2 cup loads you can do.

$$\frac{\text{_____}}{\text{(cups)}} \times \frac{\underline{2}}{\text{(1/2 cups)}} = \text{_____} \text{ 1/2 cup loads}$$

Divide your cost of ingredients by number of loads you can do.

$$\frac{\$ \text{_____}}{\text{(total cost)}} \text{ divided by } \frac{\text{_____}}{\text{(1/2 cup loads)}} = \$ \text{_____} \text{ cost per load}$$

Your cost per load = \$ _____ Unbelievable, isn't it!?!?

How many loads of laundry do you do each week? _____

Multiply your cost per load by number of loads per week; this is your weekly cost.

$$\begin{array}{c} \$ \text{_____} \\ \text{(cost per load)} \end{array} \times \begin{array}{c} \text{_____} \\ \text{(loads per week)} \end{array} = \$ \text{_____} \text{ cost per week}$$

Multiply cost per week by 52, this is your yearly cost

$$\begin{array}{c} \$ \text{_____} \\ \text{(cost per week)} \end{array} \times \begin{array}{c} \text{52} \\ \text{(weeks per year)} \end{array} = \$ \text{_____} \text{ cost per year}$$

Compare:

Your cost per year using store brand laundry soap \$ _____
(using figure from the previous worksheet)

OR

\$ _____ per year using your own homemade laundry soap!!!

So how much will you save this year? Subtract your new homemade cost per year from your previous store brand cost per year.

$$\begin{array}{c} \$ \text{_____} \\ \text{(store cost per year)} \end{array} - \$ \begin{array}{c} \text{_____} \\ \text{(homemade cost per year)} \end{array} = \$ \text{_____} \text{ savings per year}$$

YEAH!

Note: If you made the powdered laundry soap recipe, you can use the same worksheet and just change a couple of things.

Total Cost = \$ _____ to make _____ cups for powdered recipe

$$\begin{array}{c} \text{_____} \\ \text{(cups)} \end{array} \times \begin{array}{c} \text{16} \\ \text{(TBSP per cup)} \end{array} = \text{_____} \text{ tablespoons of laundry soap}$$

$$\begin{array}{c} \text{_____} \\ \text{(tablespoons)} \end{array} \times \begin{array}{c} \text{2} \\ \text{(1/2 TBSP)} \end{array} = \text{_____} \text{ 1/2 TBSP loads}$$

$$\begin{array}{c} \$ \text{_____} \\ \text{(total cost)} \end{array} \text{ divided by } \begin{array}{c} \text{_____} \\ \text{(1/2 TBSP loads)} \end{array} = \$ \text{_____} \text{ cost per load}$$

Collection of Tips

Tip: The homemade laundry soap recipe using just Ivory and Washing Soda is great for your more delicate items and hand washables.

Tip: Fel's-Naptha is very effective as a stain remover to pre-treat stains, especially on oil-based stains. You just wet the stain and rub the bar into the stained area.

Tip: 20 Mule Team Borax works great on cloth diapers and baby clothes! 1/2 cup of Borax in a diaper pail of warm water for soaking.

Tip: Arm & Hammer Super Washing Soda is a wonderful tough stain pre-treater: 2 TBS to 1 gallon of warm water for soaking.

Tip: I keep 2/3 of a bar (only because a full bar won't fit) to use as a pre-treater in a plastic bar soap container, so I can just pull it out for quick use.

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Tip: Try a ball of aluminum foil to eliminate static cling! Just crumple up some tinfoil and toss it in the dryer with your clothes. I used the same one for about a week before I noticed any static; this is a great alternative to dryer sheets.

Tip: Mark your bar soap into 2 or 3 sections with a knife, then you will know when to stop grating!

Tip: Also, the cooler your bar is, the better it will grate like a powder.

Tip: Also if your bar is at warm room temperature, it will grate like cheese and if it is cool, it will grate like a powder.

Tip: Pop it in the microwave for 20-30 seconds to soften.

Tip: Keep the other half of your bar to use as a stain pre-treater.

Tip: You can also try a vegetable chopper. The soap is not as fine, but this is a little easier to use!

Tip: These make great laundry soap containers and you are recycling at the same time: milk jugs, large juice bottles, large vinegar bottles, large Tupperware containers. My favorite is a 2 quart juicy juice bottle!

Happy Soap Making!

Feel free to contact me if you have questions or comments. I would love some feedback! Let me know what you think of this e-book...was it helpful to you? Or how can I improve it?

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Or write to:

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**Wishing Clean Clothes to You
All!**

Tashia